**John Jay HS**

**Course Objectives**

 Acquire knowledge and understanding about healthy behavior. Being able to assess personal health behaviors and comprehend current health issues and concerns in society. The overall focus is to minimize disease, injury, and the risks of death, while maximizing your quality of life.

**Course Units**

*Wellness Drugs & Chemical Substances*

*Nutrition Alcohol*

*Body Image/ Eating Disorders Mental Health, Stress, Anxiety*

*Infectious Disease Abstinence & Reproductive Health*

*STD & HIV/AIDS Relationships & Healthy Dating*

**Google Classroom**

Each of you will be responsible for joining your specific class period. You will need to maintain assignments/quizzes through google classroom. Material will also be shared and posted here for your ease and access through the course.

**Grading System by Quarter Overall Grade for Health**

Homework………………..25% Each marking period equals **50%**

Quizzes……………………..25% Your two marking period grades

Tests/Projects……….….25% will average together, resulting

Effort/Participation.….25% in your overall grade for Health.

\*\**Effort/Participation* means being on time, respectful, attentive, cooperative, positive attitude, awake & no electronic devices other than when being used for a lesson.

**Class Supplies**

1, Three Ring Binder (1.5-2 inch rings), paper, and/or folder

**Late Assignments**

Work may not be accepted late/beyond the date it is listed DUE. There are no excuses, do your work as it is assigned and maintain the responsibility of due dates for the work.

**Attendance**

 The attendance policy in the course will be a reflection of the district’s policy. Students are expected to be in their seats everyday on time. If absences are starting to acquire, parent/guardian will be contacted as well as the administration office.

**Extra Credit**

 Extra credit will be determined throughout the course and is *not guaranteed*. Complete the assigned work correctly and you will not need extra credit.

**\*\*\*\*Graduation Requirement\*\*\*\***

Health Education is a NYS graduation requirement. You must pass this course in order to graduate high school.

**Parent(s)/Guardian(s)**

I understand that my son/daughter must pass this course to meet graduation requirements. Extra credit is available but limited to the tests given that quarter. It is understood that work that is late and beyond the assignment due date may not be considered for grading. I am aware of the attendance policy for John Jay High School and may contact Mr. Axelson if I have any concerns regarding the Health Education Course.

Parent/Guardian Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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